**Answers to ‘While listening’: questions about Jamie Oliver’s TED talk: *Teach every child about food* and post-listening questions.**

**Link: https://www.ted.com/talks/jamie\_oliver\_teach\_every\_child\_about\_food?language=en**

**A. True or False?**

1. False: not 5 but 4.

2. True

3. False: it is a shorter lifespan.

**B. What are the top-3 causes of death in the USA?**

1. Heart disease

2. All cancers

3. Stroke

**C. How much money does obesity cost American society?**

10% of the health care bills, which is 150 billion dollars a year

**D. What was last year’s most unhealthy state in the USA?**

West-Virginia

**E. Which members of the Edwards family are we introduced to?**

Stacy, Justin and Katie Edwards

**F. Fill out please. When Jamie points out the relationship between school, home and Main Street, he talks about the development of food.**

“Food used to be (largely) local and (largely) fresh but now it’s largely processed and full of additives and extra ingredients.”

**G. Why don’t children get proper crockery to eat their food with at American schools?**

They’re considered too dangerous.

**H. Which types of fast food at schools does Jamie Oliver sum up?**

1. pizza

2. burgers

3. sloppy Joes

4. wieners

**I. What do we need to do to improve children’s food situation according to Jamie? He lists a few topics that need to be dealt with.**

1. Schools need to offer proper fresh food and get to new standards.

2. Food branches need to put less sugar and fewer additives and E-numbers in food.

3. The fast-food industry has to be part of the solution to wean us off the addictive ingredients.

4. Labelling is a farce so this has to be changed so that people know what is in their food.

5. Life skills have to be learnt, so that children, teenagers and students know the basics of cooking.

6. At the workplace: companies need to feed their staff properly.

**Post-listening:**

**What is the main point of Jamie Oliver’s talk?**

Too many people are obese - which makes them ill and die young - because of bad food.

We have to teach our children about good food and the food branch needs to change to fight obesity.

**Discuss what you as a teenager or student can do to improve children’s food education.**

Teach each other about good food.

Share ideas about cooking, ask your parents to cook and teach basic cooking skills.

Realise that individual efforts make a difference.